

Activity name	Mythbuster
Activity Descriptor	<ul style="list-style-type: none"> Participants are given two sets of cards – one set labelled 'myth', the other 'buster'. They are tasked with matching the 'busters' to the 'myths' to create an industry mythbuster. A 30-minute activity, which could be made shorter using fewer cards or longer with more discussion. You can either give the group all the myths and busters or pick and mix the ones you wish to use. This activity could be used as a stand-alone activity or an ice-breaking activity which provokes discussion and team engagement.
Industry Ambassador Support	<p>The Mythbuster Activity will be greatly enhanced by the support of a Construction Industry Ambassador. The Industry Ambassador should present their own career story before introducing the activity to the participants. To request Industry Ambassador support, please email CA@citb.co.uk</p> <p>If you are an Industry Ambassador leading this activity:</p> <p>Start the activity by delivering a 5-10 minute presentation (informal or formal depending on the situation) covering the following:</p> <ul style="list-style-type: none"> What 'sparked' your interest in the industry Career pathway taken including qualifications taken Current role and responsibilities Benefits of working in the construction industry Additional skills and attributes required, i.e. time management, good communication, good IT skills, analytical thinking Future ambition.
Introducing the Activity	<ul style="list-style-type: none"> Ask participants what their perceptions are of the construction industry and where their perceptions stem from. Discuss the meaning of a 'myth' and a 'buster' to check understanding. Give an example to illustrate, where possible.
Setting the Activity	<ul style="list-style-type: none"> Whatever time limit you decide, agree with the group before they begin how long you have allocated to the activity and how many cards they should attempt to match in the time given. Groups: Ask the group to form teams of 4 people or, if more appropriate, ask them to work in pairs. Getting started: Hand out the myth cards and the buster fact statements at the same time. The task: To match the busters to each myth, i.e. Myth – working in construction is dangerous and bad for your health. Buster – The UK construction industry is the safest in Europe. Everybody has a role to play in taking responsibility for Health & Safety. No wrong or right answers: Explain to the group some of the busters will match effectively to several myths. Check the groups are working effectively: Circulate around the groups and, if they haven't been matching effectively, suggest they need to try again.
Feeding Back on the Activity	<ul style="list-style-type: none"> If you have time, you may wish to ask each group to feedback on one myth, the busters they chose and the reasons for these choices. You can provoke some further discussion about some of the myths and busters. You could pick out a couple you feel most comfortable talking about – maybe it's most applicable to your job, company or site/project you are currently working on. To make the activity much more interesting for the group, maybe you can prepare your examples with supporting information/media such as charts, photos and pre-prepared simple facts and figures, a video case study, etc. Please see 'Activity Cover Sheet' for extension ideas.
Concluding the Activity	<ul style="list-style-type: none"> When you prepare your conclusion, together with summarising your careers talk, link back to the Mythbuster Activity. It's also a good idea to include an observation about how well the groups worked together, how as a group you have busted the myths and remind the group of your examples you highlighted to support the activity.